

Country Garden Greenhouses

Grow with US !

Chinese Jobs Tears



(Hato-mugi; Yi yi; Japanese barley) A staple cereal crop in Japan and China, and an important medicinal herb. Nutritious soft-shelled seeds are widely consumed in macrobiotic cuisine. They can be brewed into beer or roasted to make a delicious coffee-like beverage. In Chinese medicine, the seeds strengthen the spleen and counteract damp heat, and are used for edema, diarrhea, rheumatoid arthritis and difficult urination. Annual