

# Tickseed or Coreopsis

*Coreopsis tinctoria*



**It is sometimes known in the horticultural trade as calliopsis.**

**Use Wildlife: Nectar-Bees Nectar-Butterflies, Nectar-insects, Seeds-Granivorous birds**

**Use Food: Flowers boiled in water makes a red liquid used as a beverage.**

**Use Medicinal: Amerindians used root tea for diarrhea and as an emetic. Dried tops in a tea to strengthen blood. Boiled plant to make a drink for internal pains and bleeding.**

**Use Other: Was used for a source of yellow and red dyes.**