



Country Garden Greenhouse

Gojiberry Black

A little known species of gojiberry with amazing health potential. The black berries are very rich in oligomeric proanthocyanidins (OPCs), a class of compounds that is thought to give red wine, grape seeds and blueberries their powerful antioxidant effects. They are also rich in vitamins A, C and E. And what is highly unusual for fruits, they are rich in essential fatty acids. This combination of protective, healing and nutritive constituents help explain the many benefits of this plant. It is traditionally used to treat diabetes, anemia, heart disease, impotency, abnormal menstruation, menopause and problems of the liver and kidneys. It reduces cholesterol, helps regulate blood pressure, and improves circulation. It also improves vision problems and dizziness. Studies have shown that black gojiberry protects against radiation and may help reduce the side-effects of radiation therapy. As well, the berries boost the immune system and help prevent or slow the growth of cancer. *It* does well in dry, well-drained soils, and requires full sun. . Ht. 25-100cm