



Tip Top Orange

Nasturtium

Here is a flower-herb-veggie that cuts across the genres, with its white-flecked leaves and showy edible deep orange flowers. The leaves and flowers have a hot watercress flavour and are great in salads; and the young seed pods are hotter and can be pickled and used like capers. Easy to grow from seeds in the garden or in containers.

Ht. 20cm/8in.