

Profusion Sorrel

Rumex acetosa

Features

Sorrel is a leafy green vegetable grown for its pleasantly tart, lemon flavor. It sometimes gets classified as an herb and sometimes as a vegetable. Either way, we don't grow enough of it. It is great in egg, fish or potato dishes, and makes a distinctive soup. Sorrel plants prefer the cool seasons of spring and fall.



Perennial (hardy in zones 4-8) Excellent for sorrel soup. Large, succulent, slightly acid-tasting leaves give zest to salads and any dish which is insipid in itself. Profusion is a major improvement over standard varieties because it does not flower or go to seed at all, thus producing large quantities of leaves all season.